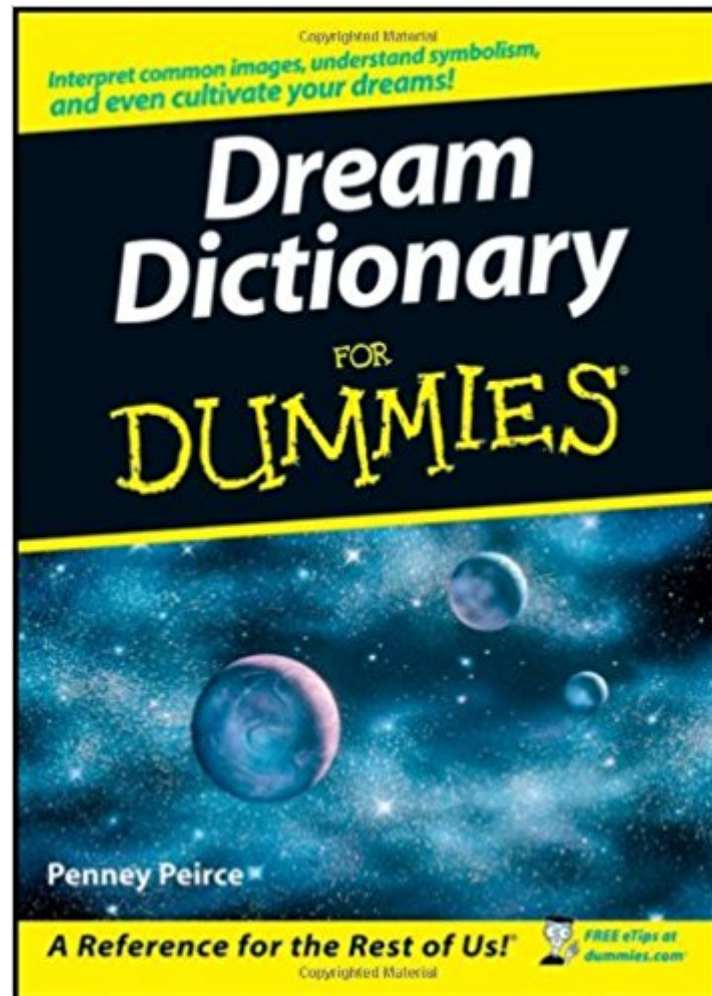




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Dream Dictionary For Dummies



Synopsis

Dreams! What do they mean? You probably recognize a connection between the dream world and the "real" world, but did you know that you can actually do things to nurture your dream life? *Dream Dictionary For Dummies* is the fun and fascinating guide that shows you not only how to decode your dreams, but how to remember them and even how to make a dream work for you. Whether you're already a prolific dreamer or are just peeking into the unknown, you're sure to get results from the insights, techniques, and tips provided in this unique and transforming guide. An A-to-Z list of dream symbols and their meanings helps you make sense of your dreams and harness them to increase your creativity, solve problems, find life purpose, and obtain accurate personal guidance. And, just by reading the dictionary definitions, you'll begin to understand symbology in a much deeper way. You'll learn how to synchronize your body, emotions, mind, and soul to experience the full meaning of your dreams and, in some cases, make them your reality. Discover how to:

- Recognize your dream cycles
- Increase your ability to remember your dreams
- Keep and use a dream diary
- Notice your waking dreams
- Uncover hidden messages in your dreams
- Focus your dreams to solve problems or make decisions
- Form a dream support group

So start dreaming and get back to reality with a little help from *Dream Dictionary For Dummies*.

Book Information

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Customer Reviews

With an A-to-Z list of dream symbols and their meanings Open your dream door and find greater self-awareness, knowledge, and success! You probably recognize a connection between the dream world and the "real" world, but did you know you can actually do things to nurture your dream life?

This fun and fascinating guide shows you not only how to decode your dreams, but how to remember them and even how to make a dream work for you.

Penney Peirce is a gifted clairvoyant-empath and visionary, and one of the pioneers in the intuition development movement. She is a popular author, lecturer, counselor, and trainer specializing in intuition development, inner energy dynamics, expanded perception, personal transformation, and dream work. She has worked in the US, Japan, Europe, South America, and South Africa since 1977, coaching business and government leaders, psychologists, scientists, celebrities, and those on a spiritual path about the hidden dynamics of what makes for true success. She has been involved with The Center for Applied Intuition, The Intuition Network, The Institute for the Study of Conscious Evolution, The Kaiser Institute, Knowledge Harvesting, and The Arlington Institute (futurists). Peirce is the author of:

- Transparency: Seeing Through to Our Expanded Human Capacity
- Leap of Perception: The Transforming Power of Your Attention
- Frequency: The Power of Personal Vibration
- The Intuitive Way: The Definitive Guide to Increasing Your Awareness
- Dream Dictionary for Dummies
- Be the Dreamer Not the Dream: A Guide to 24-Hour Consciousness
- The Present Moment: A Daybook of Clarity and Intuition
- Bits & Pieces 1, 2, and 3

Penney's work is open-minded, practical, and sophisticated, synthesizing diverse cultural and spiritual world views with many years' experience in business as a corporate art director. She is extraordinarily attuned to the intricacies of the mind and the dimensions of human awareness, blending a deep understanding of natural laws with a designer's skill in structural patterning. She is known for her ability to present complex ideas in a common sense, easy-to-understand way. Penney lives in Florida. Her website is: penneypeirce.com.

I like the book. The series is not where I'd expect to find a book of this type, at least not from this author? I would like a bigger book from this author, with a better index.

Nice and insightful read

thank you

Very useful information! I've learned so much about my dreams.

The good side is that this book gives detailed interpretations on three levels (physical, emotional, and spiritual) ; the bad side is that it is skimpy on the number of entries. There are lots of symbols that are left out.

I provided the information I needed to learn more about dreams and their meanings.

interesting

I keep this book handy and share it with many people! I love it for two reasons, 1) it's a good "how to" book for enhancing dream recall, and 2) it's a blast to speak with people about their dreams and check out the meanings. A must have for anyone curious about what their dreams really mean.

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